

*You are safe.
You are capable
You are enough.*

YOU ARE DOING AN INCREDIBLE JOB. IT'S NORMAL FOR KIDS TO GET OVERWHELMED IN PLACES LIKE THIS. AND IT'S OKAY. I HOPE THIS LITTLE GIFT HELPS TO CALM THEIR MINDS AND BRING SOME RELIEF.

© @ANNA_SKATES

*You are safe.
You are capable
You are enough.*

YOU ARE DOING AN INCREDIBLE JOB. IT'S NORMAL FOR KIDS TO GET OVERWHELMED IN PLACES LIKE THIS. AND IT'S OKAY. I HOPE THIS LITTLE GIFT HELPS TO CALM THEIR MINDS AND BRING SOME RELIEF.

© @ANNA_SKATES

*You are safe.
You are capable
You are enough.*

YOU ARE DOING AN INCREDIBLE JOB. IT'S NORMAL FOR KIDS TO GET OVERWHELMED IN PLACES LIKE THIS. AND IT'S OKAY. I HOPE THIS LITTLE GIFT HELPS TO CALM THEIR MINDS AND BRING SOME RELIEF.

© @ANNA_SKATES

*You are safe.
You are capable
You are enough.*

YOU ARE DOING AN INCREDIBLE JOB. IT'S NORMAL FOR KIDS TO GET OVERWHELMED IN PLACES LIKE THIS. AND IT'S OKAY. I HOPE THIS LITTLE GIFT HELPS TO CALM THEIR MINDS AND BRING SOME RELIEF.

© @ANNA_SKATES

*You are safe.
You are capable
You are enough.*

YOU ARE DOING AN INCREDIBLE JOB. IT'S NORMAL FOR KIDS TO GET OVERWHELMED IN PLACES LIKE THIS. AND IT'S OKAY. I HOPE THIS LITTLE GIFT HELPS TO CALM THEIR MINDS AND BRING SOME RELIEF.

© @ANNA_SKATES

*You are safe.
You are capable
You are enough.*

YOU ARE DOING AN INCREDIBLE JOB. IT'S NORMAL FOR KIDS TO GET OVERWHELMED IN PLACES LIKE THIS. AND IT'S OKAY. I HOPE THIS LITTLE GIFT HELPS TO CALM THEIR MINDS AND BRING SOME RELIEF.

© @ANNA_SKATES

*You are safe.
You are capable
You are enough.*

YOU ARE DOING AN INCREDIBLE JOB. IT'S NORMAL FOR KIDS TO GET OVERWHELMED IN PLACES LIKE THIS. AND IT'S OKAY. I HOPE THIS LITTLE GIFT HELPS TO CALM THEIR MINDS AND BRING SOME RELIEF.

© @ANNA_SKATES

*You are safe.
You are capable
You are enough.*

YOU ARE DOING AN INCREDIBLE JOB. IT'S NORMAL FOR KIDS TO GET OVERWHELMED IN PLACES LIKE THIS. AND IT'S OKAY. I HOPE THIS LITTLE GIFT HELPS TO CALM THEIR MINDS AND BRING SOME RELIEF.

© @ANNA_SKATES

*You are safe.
You are capable
You are enough.*

YOU ARE DOING AN INCREDIBLE JOB. IT'S NORMAL FOR KIDS TO GET OVERWHELMED IN PLACES LIKE THIS. AND IT'S OKAY. I HOPE THIS LITTLE GIFT HELPS TO CALM THEIR MINDS AND BRING SOME RELIEF.

© @ANNA_SKATES

*You are safe.
You are capable
You are enough.*

YOU ARE DOING AN INCREDIBLE JOB. IT'S NORMAL FOR KIDS TO GET OVERWHELMED IN PLACES LIKE THIS. AND IT'S OKAY. I HOPE THIS LITTLE GIFT HELPS TO CALM THEIR MINDS AND BRING SOME RELIEF.

© @ANNA_SKATES