

suggested materials

all about birds



Feathers provide a great sensory connection to birds!



Use wooden eggs or plastic easter eggs to discuss the life cycle of a bird. **BONUS:** if you use plastic easter eggs, children can practice opening, closing, and transferring materials from the eggs.



Twigs can be used to build a nest and discuss where birds live. Collecting them from your yard or nearby green space can be a fun activity to do together!

all about flowers



Real or plastic flowers give your child an opportunity to explore the textures and parts of a flower.



Potting materials like soil, a planter/container, and a scoop are great changes for your child to play through real-life scenarios of planting a flower while giving them transfer practice and a fun sensory experience.



Placing seeds in a bowl along with a scoop or spoon allows for discussion about the life cycle of a plant/flower (starting as a seed) and scooping the seeds from one container to another is a great transfer practice activity!